

MCKECHNIE MENU OPTIONS (February - June 2024)

Every meal comes with a cookie.

Parents must prepare some fork/spoon for their children because NO cutlery would be provided with the lunch boxes.

^ denotes as vegetarian meal and # as gluten friendly meal.

Parents can click the **Change** button on the Main Menu to modify their orders such as "NO Ketchup", "Change from Beef Burger to Mac & Cheese on Feb 12", etc.

Options for ODD days (e.g. Feb 01, 03, 05, 07, etc.)

Options for EVEN days (e.g. Feb 02, 04, 06, 08, etc.)

1	Mac & Cheese ^	1	Meatball Pasta + Tomato Sauce
2	Mac & Cheese + Bacon Bits	2	Chicken Pasta + White Sauce (with carrot/onion)
3	Beef Burger + Hashbrown (ketchup packet)	3	Pizza Pops + Cheese Perogies (ketchup packet)
4	Chicken Burger + Hashbrown (ketchup packet)	4	Egg Fried Rice ^ #
5	Cheesy Beef Burger + Hashbrown (ketchup packet)	5	Egg & Ham Fried Rice
6	Baked Chicken Wrap + Cheese Perogies	6	Egg & Chicken Fried Rice
7	Bacon/Egg/Sausage Wrap + Cheese Perogies (ketchup packet)	7	Baked Chicken Strips + French Fries (ketchup packet)
8	Baked/Breaded Fish Wrap + Cheese Perogies	8	Baked Chicken Nuggets + Tater Tots (ketchup packet)
9	Baked Cheesy Chicken Quesadillas + Cheese Perogies	9	Ham & Cheese Sandwich
10	Baked Cheesy Vegetarian Quesadillas + Cheese Perogies ^	10	Turkey & Cheese Sandwich
11	Beef Hot Dog + French Fries (ketchup packet)	11	Egg & Cheese Sandwich ^
12	Soy Sauce Chicken + White Rice + Vegetables	12	Bacon & Cheese Sandwich
13	Teriyaki Chicken + White Rice + Vegetables	13	Two Beef Hot Dogs (ketchup packet)
14	Curry Chicken + White Rice + Vegetables	14	Soy Sauce Chicken + Dry Wheat Noodle + Vegetables (soya sauce packet)
15	2 Big Chicken Onigiri Rice Balls + Edamame Beans (soya sauce packet) #	15	Curry Chicken + Dry Wheat Noodle + Vegetables (soya sauce packet)
16	2 Big Beef Onigiri Rice Balls + Edamame Beans (soya sauce packet)	16	6 Chicken Dumplings + Dry Wheat Noodle + Vegetables (soya sauce packet)
17	2 Big Tuna Onigiri Rice Balls + Edamame Beans (soya sauce packet) #	17	5 Big Cucumber Rolls + Edamame Beans (soya sauce packet) ^ #
18	8 Chicken Dumplings + Vegetables (soya sauce packet)	18	5 Big Baked/Breaded Fish Rolls + Edamame Beans (soya sauce packet)
19	Chicken Ceasar Salad (with Cheddar cheese) + Pita Bread	19	5 Big Tamago (Egg) Rolls + Edamame Beans (soya sauce packet) ^ #